

Safety Strategies:

Resource List:

Other Community Resources:



The following strategies are intended as guidelines, ONLY.
THE BEST ACTION IS TO PLAN AHEAD.

Living with the Abuser:

Know how to get out. Make sure you always have a way to get outside. NEVER go into a kitchen or bathroom. There may be dangerous items in these rooms which abusers can access to harm you.

Decide where you will go. Make arrangements with a safe friend, neighbor, or family member.

Pack a bag. Have a bag packed and keep it in a safe place and ready to go or keep it at the place where you will go when you leave. Include the following:

- Important Items: Clothing, Toiletries, Medications, Baby needs, Money, Car and house keys
- Important Documents: ID, Birth Certificates, Bank info, Social Security Cards, This Pamphlet, Checks and Credit Cards
- Call the police. Domestic Violence is a Crime! Ask for a Victim Advocate to help!

Not Living with the Abuser:

KEEP A COPY OF YOUR PROTECTIVE ORDER WITH YOU AT ALL TIMES.

- **Have your phone number unlisted.** Any contact with the abuser should be through legal means, such as through an attorney.
- **Notify schools and day care.** Tell them only you are authorized to pick-up your children.
- **Inform your neighbors.** Tell them to call the police if see anything suspicious or your partner's vehicle present. Show them a picture of your abuser.

Emergency: 911
Non-Emergency Police Line:
(801) 840-4000

Shelters:

YWCA: (801) 537-8600

South Valley Sanctuary: (801) 255-1095

Legal Assistance:

Legal Aid Society: (801) 328-7170

Utah Legal Services: (801) 328-8891

Family Justice Center (on the YWCA Campus):
(801) 236-3370

Family Law Clinic:

Matheson Courthouse – Room W15
Monday-Friday 8:00-5:00
Closed State & Federal Holidays
English Line: (801) 238-7440
Spanish Line: (801) 238-7113

Child Abuse Reporting: 1-855-323-3237
Elder Abuse Reporting: (801) 538-3567

Crisis Lines:

Domestic Violence Hotline 1-800-897-LINK

Rape Recovery Center:

Crisis Line: (801) 467-7273
Daytime Service Line: (801) 467-7282

Valley Behavioral Health/Crisis Intervention:
(801) 587-3000

Suicide Hotline/VBH: 800-273-8255

Salt Lake County Jail: (385) 468-8400

VINE (Jail Release Information): 1-877-884-8463

Workforce Services/Salt Lake County:
(801) 526-0950

(Food Stamps, Financial Aid, Medicaid, etc.)

Third District Court: (801) 238-7300

South Salt Lake Justice Court: (801) 483-6072

Information and Referral Center
(801) 978-3333 ext. 211

Juvenile Court:

If your abuser is under 18, charges will be referred to the Juvenile Court. If you want to be kept updated, attend hearings or file a Victim Impact Statement, please call 578-3800 and speak with the prosecutor or probation officer assigned to the offender.

South Salt Lake Victim Services 2835 South Main
Street South Salt Lake City, UT 84115

South Salt Lake Police Department (801) 412-3600
English/ Spanish Victim Advocate (801) 412-3661
English Speaking Victim Advocate (801) 412-3662
English Speaking Victim Advocate (801) 412-3663
English Speaking Victim Advocate (801) 412-3624
South Salt Lake Dispatch (801) 840-4000



What is Domestic Violence?

Domestic violence includes physical, sexual, emotional and verbal abuse, as well as controlling behaviors.

What is A Domestic Violence Abuser?

An abuser is any person who you are related to or with whom you have resided who physically harms, controls, intimidates or causes fear in another person.

Who is a Victim?

Victims can be wives, husbands, children, brothers, sisters, parents, step-children, step-parents, girlfriends, boyfriends, roommates, guests, etc.

What is Abuse?

Physical, sexual, emotional abuse and controlling behaviors are not normal! Domestic violence is a chronic abuse of power. It includes acts of violence such as hitting, biting, strangulation, sexual assault, pushing, kicking, having things thrown at you and other forms of physical assault. Emotional abuse includes intimidation, isolation, manipulation, threats to take children away, monitoring telephone calls, name calling, humiliation in public or private, etc. Sexual abuse occurs when a sexual act is imposed upon you against your will. The abuser tortures and controls the victim by calculated threats, intimidation and physical violence. Actual physical violence is often the end result of months or years of intimidation.

Victims of other Violent Crime:

In addition to assisting victims of domestic violence, South Salt Lake Victim Services helps victims of physical assault, sexual assault, child abuse, robbery, harassment, terroristic threats and other violent crimes where there is not a domestic relationship. If you are a victim, or know someone who has been a victim of violent crime, please feel free to contact South Salt Lake Victim Services to see how we can help.

Family Justice Center:

The YWCA implemented the Family Justice Center to better serve violent crime victims. Within the Family Justice Center are representatives of the YWCA shelter; Legal Aid Society who assist victims with applying for a Protective Order and issues related to divorce/child custody; The Department of Workforce Services who assist victims with employment referral, job training, emergency assistance, medicaid, CHIP, food stamps, child care and other financial assistance; the Salt Lake City Police Department who assist with police and victim advocate needs; and the Salt Lake City Prosecutor's Office who are able to assist victims with information on criminal offenses and court processes. Located at: 344 East 300 South, Salt Lake City, Utah 84111 Telephone: (801) 236-3370

Mission of South Salt Lake Victim Services

The South Salt Lake Victim Services Program is dedicated to providing comprehensive services to victims of violent crime. Our partnership with the community enhances our ability to provide crisis intervention, emotional support, information and referral, and court advocacy to the residents of South Salt Lake. We are committed to serving victims of Domestic Violence and victims of other violent crime.

Services:

Advocates assist victims of violent crime through the investigative and criminal justice processes. Advocates make referrals to community based resources for assistance based upon individual circumstances.

What you need to obtain a protection order:

When applying for a Protective Order, take the following information with you:

- Names and addresses of places you want the abuser ordered to stay away from (work, home, schools, day-care, family member's homes).
- Addresses where officers may locate and serve the abuser.
- Police report case numbers / police departments so Legal Aid can request police reports for your Protective Order.
- Driver's license or identification card so Legal Aid is able to notarize your signature on the Petition. This process can take up to 4 hours. It is best to arrange child care if possible. **PROTECTIVE ORDERS MAY BE APPLIED FOR AT: Matheson Courthouse / 450 South State Street / 801-238-7170 / or the Family Justice Center / 344 East 300 South / 801-236-3370**



Protective Orders

Protective Orders are issued by the District Court when an act or threat of physical abuse has occurred. A Protective Order may require an abuser to not have contact with you, stay away from your residence, place of employment, schools and other important addresses. The court is also able to **TEMPORARILY** address civil issues related to child custody and visitation. There is No Cost for a Protective Order and, if you qualify for a Protective Order through Legal Aid, their attorneys will assist you at the court hearing. You can apply for a Protective Order through Legal Aid at the Matheson Courthouse or at the Family Justice Center.

Eligibility Requirements:

To qualify for a Protective Order, at least ONE of the following must apply:

- Are married or have been married.
- Have a child in common.
- Are related by blood or marriage.
- Have resided together at some point in time.
- Are experiencing physical abuse or threats of physical abuse.
- Are 16 years of age or older and are not the parent, step-parent or guardian of the abuser.